



Donald Palko, Soke

Soke Palko has been training for 40 years and instructing for 30. He is the founder (Soke) of the Okina Kashi no Ryu or Great Oak Karate Style. He holds a 8th Degree Black Belt in the American Institute of Martial Arts and Kwanmukan, studied Yang Style Tai Chi under Loraine Takamori in Pearl Harbor Hawaii and taught at the F.S.K.A. Dojo in Manoa on the Island of Hawaii. He has students and taught in WA, CT, CA, HI and Guam.

Soke Palko retired from the U.S. Navy after 24 years service as a Surface and Submarine qualified Chief Radioman/Electronics Technician. During his service he served as a Navy Instructor a Total Quality Leadership facilitator and Change Agent. Soke also has training in Workforce Education and Curriculum Development from Southern Illinois University.

Great Oak Karate is the Hombu (Home School) of the Okina Kashi no Ryu, a Charter School of the American Institute of Martial Arts and Affiliated School of Kwanmukan Karate.

Days and times:

Little Tigers (4-8yrs)

Thurs: 6:00 – 6:30PM Sat: 10:00 to 10:30AM

Youth (8-18yrs) Thurs: 6:30 – 8:00 PM

Adult/Black Belt Class (18 and up)

Thurs: 8:00 – 9:00 PM

Combined Youth/Adult Class

Sat: 10:30AM to Noon

Fees:

Family Rates are Available

Police, Security, Military and their

Dependents are Welcome.

One time registration Fee:

Individual \$40.00; Family 3+ \$100.00

Little Dragons: \$40.00/Month

Regular Classes: \$70.00/Month

Add \$5.⁰⁰ for Square payment



Our New Home

GREAT OAK KARATE

Natural Lee Building 428 Long Hill Road

Groton, CT 06335

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Email: macenters@yahoo.com

GreatOakKarate.com

www.facebook.com/greatoak.karate

Soke Palko's
Great Oak Karate



Great Oak Karate



- We believe in the value of teaching Quality Traditional Martial Arts to all students from Little Tigers to Senior Black Belt.

- We believe that Quality Traditional Martial Arts instruction should not pose a financial burden on an individual or growing family and that this training should be available to all at a reasonable price.

Okina Kashi no Ryu effectively blends the linearity of Shotokan and Isshinryu Karate, with the circularity of Small Circle Ju-Jitsu and Yamanni Ryu Kobudo into a unified fighting system. Students are shown the real world, practical applications already contained in the traditional Martial Arts techniques.

Students are taught that the greatest weapon a Martial Artist has at their disposal, is their intelligence and resourcefulness. That there is a balance in everything and that Martial Arts Training should enhance a person's life not overshadow it. We encourage our students to integrate the lessons of self discipline and self control into their everyday lives.



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